

RAVELINGEN VACATION CENTRE - Zeediik 290. 8400 OSTEND, Belgium

www.ravelingen.be tel: +32 (0)59 55 27 55 **(no direct bookings please)**

ravelingen@skynet.be fax: +32 (0)59 55 27 59

For the 2008 North Sea Convention, we are once again pleased to have booked the entire hotel, which overlooks the beach in Ostend here in sunny Belgium. The Convention Program begins on Friday at 14.00 and ends on Sunday at 12.30. It will include AA meetings in English and Flemish. There will also be meetings of Al-Anon, Alateen, and ACA. There will be Speaker meetings on Friday and Saturday nights and on Sunday morning.

Informal and impromptu music sessions will take place Friday and/or Saturday nights after the meeting(s). Convention attendees are welcome (and invited!) to bring their talents and instruments to participate.

Please let us know if you would like to help with the Convention in any way. There will be a sign up sheet at the Convention if you want to lead any of the discussion meetings.

The registration fee covers the convention's use of the hotel, including non-stop coffee (but please don't forget the 7th tradition!), *but not the overnight accommodation*. The rooms are all studio apartments of varying size with separate bedrooms and fitted kitchens. Singles may like to share an apartment to reduce cost. Towels are provided and all prices include breakfast. The hotel has a cafeteria where a limited (soup/sandwich/salad) lunch will be available Friday and Saturday. A fixed price dinner will be available Friday night in the upstairs restaurant. The North Sea Convention has a *no-pets, no-smoking* policy, but once again a separate room for smoking will be provided. With the exception of this smoking room, all indoor common areas (including the bar/restaurant/lounge and all meetings) will be non-smoking.

You will receive your full Convention kit and your room key on arrival at Reception. **NOTE: Rooms not claimed by 18.00 (6.00 p.m.) on the stated day of arrival will be released unless the hotel is notified in advance! Just let us know if you'll be late.**

Rooms must be vacated by 10.00 a.m. on the day of departure and all keys should be handed in at Reception.

To get to the hotel, rarely have we seen a person fail who has thoroughly followed these instructions:

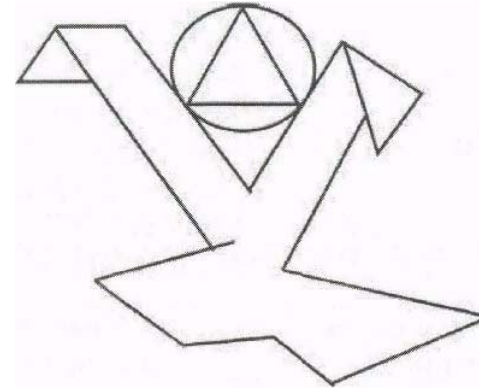
- By Car: Take E40/A10 to Ostend. At the roundabout take 3rd exit to N34 Middelkerke. Go straight until the tramway (7 traffic lights) and turn left direction Middelkerke/De Panne. Follow the coastal tramway along the seafront approx. 300 metres to tram stop Ravelingen. Parking is behind the hotel.
- By Train: From the Ostend Central Train Station take the coastal tram Direction De Panne. Get out at Ravelingen. The Hotel is directly opposite the tram stop.
- By Plane: From Brussels National Airport (BRU) in Zaventem, take the train from the airport to any of the three Brussels train stations and catch the hourly InterCity train to Ostend. In Ostend, take the coastal tram from the train station in the direction of De Panne to Ravelingen stop. From Ostend airport it is best to take a short taxi ride directly to the hotel.

For any questions please contact:

Vice Chair Erik A E-mail: erikderjeck@yahoo.com Tel: +49(0)221 423 41 05

Treasurer Kate F E-mail: northseaconvention@yahoo.com (NO PHONE CALLS.)

Happy, Joyous, and Free!



19th NORTH SEA CONVENTION

TRIBORDERS INTERGROUP

OSTEND, BELGIUM

February 1st, 2nd, & 3rd 2008

PLEASE BOOK EARLY - FIRST COME FIRST SERVED

NSC REGISTRATION FORM February 1st, 2nd & 3rd 2008

Name :	
Phone :	E-mail :
Arriving on :	No. in Group :

Number of People:	Number of Nights:	per person per night	hotel single occupancy surcharge (per night):	TOTAL:
(Single) x	Nights x	32 €	+ 16 € =	€
(Shared) x	Nights x	32 €	0 =	€
(Children 6-12) x	Nights x	10 €	0 =	€
(Infants 2-5) x	Nights x	7 €	0 =	€
(Babies < 2) x	Nights x	2 €	0 =	€
If you do not mind sharing an apartment please tick box: <input type="checkbox"/>				

Registration:

	Registration for one day	x 6 euro =	
	Full Registration	x 12 euro =	

Buffet:

	Buffet Dinners	x 25 euro =	
	Child Buffet Dinners (6-12)	x 12 euro =	

Parking:

	Parking space	Nights X 6 Euro =	
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TOTAL RESERVATION AMOUNT	
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Please register by e-mail at:

northseaconvention@yahoo.com

OR by regular mail (PLEASE don't do both!):

NSC Treasurer Kate Flynn

Avenue des Tilleuls 13/4, B-4802 Verviers, Belgium

Then transfer your payment to **Fortis Bank A/c no: 001-3873922-12**

North Sea Convention

SWIFT: GEBABEBB36A IBAN: BE 19001387392212

Circle your Payment method: Bank Transfer : Card : Cash (Card payments will be subject to small supplement percentage)

See also: www.aa-europe.net

Message from the 2008 North Sea Convention Chair, Karen M:

I came into the fellowship through the grace of desperation. Slowly, unwillingly, and hanging back at every opportunity, I was nurtured by my group and supported by a series of sponsors.

Finally, my difficulties drove me to take the most desperate of measures: I started following the suggestions of my sponsor, and worked the steps, and so began my journey toward becoming happy, joyous, and free.

The gifts of the program are present in my life today in ways I never could have foreseen when I first came into the rooms. There is a freedom that rings true in my life, a freedom of heart and mind and spirit that far exceeds any outward appearances.

The North Sea Convention has always been one of the highlights of my recovery. I made it through my first sober Christmas and New Year's, knowing that the first weekend in February I would be on the Belgian coast sharing friendship and fellowship.

I take this opportunity to extend my warmest invitation to you, old friends and new, and I look forward to welcoming you in Ostend next February.

Boodschap van de 2008 Noordzee Conventie Chair, Karen M:

Ik belandde in A.A. dank zij de genade van de wanhoop. Langzaam, onwillig en vastgeroest in oude gewoontes, werd ik door mijn groep gekoesterd alsook gesteund door een reeks sponsors.

Ten slotte dreven mijn moeilijkheden me tot het nemen van de meest wanhopige maatregelen: ik volgde uiteindelijk de suggesties van mijn sponsor om aan de stappen te werken. Zo startte mijn reis naar geluk, vreugde en vrijheid.

De geschenken van het programma zijn aanwezig in mijn leven vandaag in vele vormen die ik nooit had kunnen voorzien toen ik voor het eerst de vergaderingen bijwoonde. Er is een vrijheid in mijn leven, een vrijheid van hart, gedachten en geest die waarachtig klinkt.

De Noordzee Conventie is altijd een van de hoogtepunten van mijn herstel geweest. Ik overleefde mijn eerste nuchtere Kerstmis en Nieuwjaar, wetend dat ik het eerste weekend van februari aan de Belgische kust zou zijn om die vriendschap en broederschap te delen.

Bij deze gelegenheid nodig ik jullie van harte uit, oude en nieuwe vrienden. Ik verlang ernaar jullie te mogen verwelkomen in Oostende komende februari.

Translated by Frank D, Brugge