

**18th Annual North Sea Convention February 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup>, 2007**

**RAVELINGEN VACATION CENTRE - Zeediik 290. 8400 OSTEND, Belgium**

[www.ravelingen.be](http://www.ravelingen.be) tel: +32 (0)59 55 27 55 **(no direct bookings please)**

[ravelingen@skynet.be](mailto:ravelingen@skynet.be) fax: +32 (0)59 55 27 59

Once again we are pleased to have booked the entire hotel, overlooking the beach in Ostend here in sunny Belgium. The Convention Program begins on Friday at 14.00 and ends on Sunday at 12.30. It will include AA meetings in English and Flemish. There will also be meetings of Al-Anon, Alateen, and ACA. There will be Speaker meetings on Friday and Saturday nights and on Sunday morning.

Please let us know if you would like to help with the Convention in any way. There will be a sign up sheet at the Convention if you want to lead any of the discussion meetings.

The registration fee covers the costs of renting the hotel, including non-stop coffee (do not forget the 7th tradition, nevertheless), *but not the overnight accommodation*. The rooms are all studio apartments of varying size with separate bedrooms and fitted kitchens. Singles may like to share an apartment to reduce cost. Towels are provided and all prices include breakfast. The hotel has a cafeteria where lunch will be available Friday and Saturday. A fixed price dinner will be available Friday night in the upstairs restaurant. All meetings will be non-smoking, and there will be a separate lounge area for smokers.

You will receive your full Convention kit and your room key on arrival at Reception.

Rooms must be vacated by 10.00am on the day of departure and all keys should be handed in at Reception.

To get to the hotel, rarely have we seen a person fail who has thoroughly followed these instructions:

- **By Car:** Take E40/A10 to Ostend. At the roundabout take 3rd exit to N34 Middelkerke. Go straight until the tramway (7 traffic lights) and turn left direction Middelkerke/De Panne. Follow the coastal tramway along the seafront approx. 300 metre to tramstop Ravelingen. Parking is behind the hotel.
- **By Train:** From the Ostend Central Train Station take the coastal tram Direction De Panne. Get out at Ravelingen. The Hotel is directly opposite the tram stop.
- **By Plane:** From Brussels National Airport (BRU) in Zaventem, take the train from the airport to any of the three Brussels train stations and catch the hourly InterCity train to Ostend. In Ostend, take the coastal tram from the train station in the direction of De Panne to Ravelingen stop. From Ostend airport it is best to take a short taxi ride direct to hotel.

For any questions please contact:

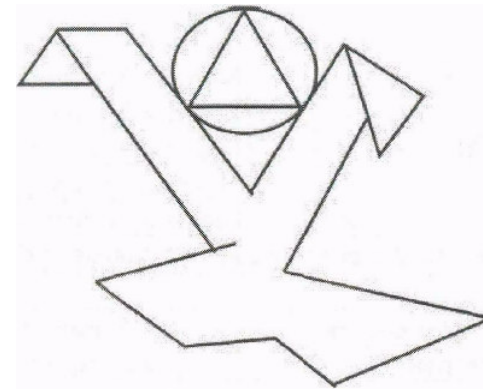
Treasurer Kate E-mail: [northseaconvention@yahoo.com](mailto:northseaconvention@yahoo.com)

Chair Dan E-mail: [dankate@skynet.be](mailto:dankate@skynet.be)

Vice Chair Uwe E-mail: [uwe@uwesimons.de](mailto:uwe@uwesimons.de) Tel: +49-2202-862-069

***PLEASE BOOK AND MAKE PAYMENT EARLY - FIRST COME FIRST SERVED***

**WE CAN!**



**18<sup>th</sup> NORTH SEA CONVENTION**

**TRIBORDERS INTERGROUP**

**OSTEND, BELGIUM**

**February 2<sup>nd</sup>, 3<sup>rd</sup>, & 4<sup>th</sup>, 2007**

**NSC REGISTRATION FORM February. 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> 2007**

Name :	
Phone :	E-mail :
Arriving on :	No. in Group :

No.of People	No.of Nights	<u>TOTAL</u>
Single	x	Nights x 46 euro =
Multiple	x	Nights x 31 euro =
Children 6-12	x	Nights x 10 euro =
Infants 2-5	x	Nights x 7 euro =
Babies > 2	x	Nights x 2 euro =
If you do not mind sharing an apartment please tick box		

**Registration:**

Registration for one day	x 6 euro =	
Full Registration	x 12 euro =	

**Banquet:**

Banquets	x 25 euro =	
Child Banquets (6-12)	x 11 euro =	

**Parking:**

Parking space	Nights X 5 Euro =	
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<b>TOTAL RESERVATION AMOUNT</b>	
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**Circle your Payment method: Bank Transfer : Card :**

**Cash Card payments will be subject to small supplement percentage**

Please return this form to: **NSC Treasurer Kate McNally**  
**Avenue des Tilleuls 13/4, B-4802 Verviers, Belgium**

Or you can book by e-mail at:

**northseaconvention@yahoo.com**

Then transfer your payment to **Fortis Bank A/c no: 001-3873922-12**  
**North Sea Convention, Avenue Jean Volders 29, 1060 Brussels, Belgium**  
**SWIFT: GEBABEBB36A IBAN: BE 19001387392212**

See also: [www.aa-europe.net](http://www.aa-europe.net)

**Message from the 2007 Convention Chair, Dan**

Consistent with the theme of I can't, but "we can", I asked for help from a member of our Triborders Intergroup who is a published poet and I received the following summary of this year's Convention theme in a twelve-line poem accompanied by a translation into Dutch:

**WE CAN**

I never stopped on my own, but "We admitted ..."  
 I was extremely unwilling, but We are committed.  
 My unbridled bingeing landed me in the soup,  
 We were rescued by the Power of the Group.  
 Friends relieved us from the bondage of self,  
 Advised us to take the Big Book from the shelf.  
 Together we have no trouble staying sober,  
 Alone I raise my hand and shout "Herr Ober!"  
 The Beatles sang it: "We can work it out!"  
 Caring through sharing is what it's all about.  
 It is by self-forgetting that one finds.

Sign on for Ostend before you change your minds.

- Marcus (Brugge)

**Bericht van de 2007 Convention Chair, Dan**

**WIJ KUNNEN**

Alleen kon ik niet stoppen, maar "Wij hebben toegegeven ..."

Ik was uitermate onwillig, maar Wij zijn bereid.  
 Door ons ongebreideld zuipen, belandden we in de soep,  
 Wij werden gered door de Kracht van de Groep.  
 Vrienden verlostten ons van ons zelfzuchtig leven,  
 Raadden ons aan *the Big Book* te lezen.  
 Samen blijven wij nuchter en sober.  
 Alleen steek ik mijn hand omhoog en roep "Herr Ober!"  
 The Beatles zongen het: "We can work it out!"  
 Geven en delen, dat is waar het om draait.  
 Het is door zichzelf te vergeten dat men vindt wat men zoekt.

Schrijf je in voor Oostende! Dat voelt goed!

- translation by Peter en Groep Akron (Brugge)